



2008 DIET MANUAL

Health Care Facilities

This manual replaces the 2003 edition.

***TO ORDER COPIES OF THIS MANUAL *
PLEASE FILL OUT THIS FORM AND SEND TO:***

**NJD-HCF
c/o VANITA MANCHANDA, M.S., R.D.
290 Mt. Harmony Road
Bernardsville, NJ 07924**

****Remember to order a sufficient supply
for all your nursing stations as well
as your dietary department.***

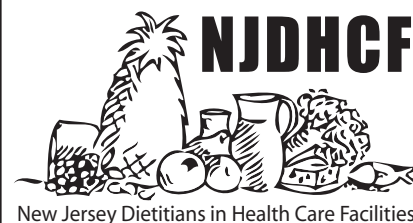
It's Here!

The **updated 2008 edition** of the **NJDHCF Diet Manual for Healthcare Facilities!**

A comprehensive, user-friendly guide for meeting the nutritional needs of Assisted Living and Long-Term Care Residents. Accurate and based on current theory, **the 2008 manual features:**

- Commonly prescribed diets
- Consistent carbohydrate diet
- Extensive updated gluten-free diet
- Renal diets made easy
- Meal planning and sample menus
- Glycemic Index/Load, Food/Med interactions, and more
- 70+ food guide pyramid

Order online at
www.njnutritionexpert.com



COMPLETE MANUAL (includes 3 Ring Binder)

\$50.00/each x _____ = _____
Qty.

SHIPPING & HANDLING included

TOTAL ORDER \$ _____

TOTAL ENCLOSED \$ _____

MAKE CHECK PAYABLE TO: NJDA
SHIP TO:

NAME: _____

TITLE: _____

ORGANIZATION: _____

STREET ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE NUMBER: _____

SIGNATURE: _____

Additional order forms are available at: www.njnutritionexpert.com